

A photograph of a horse running in a field. The horse is in the foreground, running towards the left, with its tail and mane flowing. It is kicking up dust. In the background, there is a wooden fence, a line of trees, and large, snow-capped mountains under a clear blue sky. The title "Horse Sense" is overlaid in the center in a white serif font.

Horse Sense

What is Humanity for Horses?



Humanity for Horses is a 501c3 non-profit organization that was birthed in 2012, when a law was passed that allowed for horses to be slaughtered in the United States. The name speaks for itself – it was time humanity spoke up for horses.

We are dedicated and devoted to putting an end to the animal's needless suffering and untimely deaths. We provide sanctuary for the rest of their lives and no animal is adopted out.

Because 98% of the horses that come in are starved, injured, sick or lame, we try to tune into who they would like to live with, as they are too weak to run free. At times, we know we are reuniting families, because even if they have not seen each other for years, they remember and recognize each other.

As well, we are very dedicated to Thoroughbreds. Our primary focus is to take in Thoroughbreds that are too injured to go into any other program. We are known in the gates as “The Place of Last Hope.” We are committed to nurture and doctor them for the rest of their lives. Should you wish to donate, go to:
www.humanityforhorses.org/Donation.html

Thank you for joining our family.

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Introduction

At Humanity for Horses, it became quite obvious to the team that horses do in fact pass messages to humans. More often than not, they make so much sense because they are infused with *sensitivity* and *sensibility*. As well, a horse excels at two emotions that humans seem to lack – gratitude and forgiveness. The moment the horses arrive, half starved, beaten and abandoned, we meet them at the gate, look them in the eyes and tell them they will never be starved, abused or neglected again. Within twenty four hours, sometimes even faster, they get it. Their eyes become alive, their spirit starts to return and then we know they will heal physically. 80% of the horses we rescue do not look like they even have a chance to survive. And yet, we have never had a horse die from its original issue. They all heal because they have enough *sense* to know they are loved and their *sensory system* gets elevated and activated.

We always listen to them, without imposing our will. The North American Indians claim that the hooves of the horse keep the heartbeat of the earth pumping. We believe this. Therefore, we decided to create this deck of cards, a gift from them to you, as a token of their sincere gratitude for their life.

We have much to learn from the horse. Our world was built because of them, our wars were won because of them, our crops grew because of them, we were able to travel because of them and many have healed because of them. They are wise, funny and emotionally intelligent beyond our imagination.

Some of the messages are channeled through horses that have already ascended. We have witnessed that though their bodies leave, their spirit remains with us. We decided to honor this miracle by including 13 of them in this deck of cards

From their heart to yours, thank you for caring. We suggest you pick a card a day and follow their *horse sense*.

Abe Lincoln

Appaloosa



Today is the day of Purpose

Peace of mind comes from understanding why we are here and what our fate is. Purpose is vision made visible, viable and verified. Our hearts rest easy because we know we are in alignment with our mission and destiny. Our existence becomes steeped with majesty, motivation and meaning.

When we are one with our purpose, we run our life instead of our life running us. *Remember*, our purpose ignites elements of light inside that diminish all darkness outside.

Does that not make sense? Abe Lincoln

Abraham

Quarter Horse (Ascended)



Today is the day of Acceptance

Acceptance and non-attachment are the keys to our serenity and harmony. They disarm adversity and anxiety. Our wisdom shows us not to have expectations of anyone but ourselves. We arrive at an understanding that anything that does not work must be reviewed and then revised.

Like *Abraham*, we walk through life with greater ease. *Remember*, the doctrine that everything is for the best is not truth; however, making the best of everything is talent.

Does that not make sense? *Abraham*

Alexandria

Thoroughbred



Today is the day of Caring

When we care, we override indifference. We become the difference that makes the difference. Our sincere caring manufactures the vehicle for global and universal wellness. Every caring word or action seeds a garden of goodness, planting much needed transmutation and transformation.

To the world, we may be just one individual, but to one individual, we can make a world of difference. *Remember*, caring is being someone's rainbow on a dark stormy day.

Does that not make sense? Alexandria

Alpha

Mini (Ascended)



Today is the day of Sharing

There is so much imbalance in our society. Selfishness creates a sea of sorrow, whereas sharing creates an ocean of optimism. If everyone would have an intention to share, whether it be money, time, services or heartfelt feelings, we would surely witness the beginning of planetary balance.

The current of life would become a river of fairness, justice and equality. *Remember*, sharing is the one equalizer that can solve the injustice due to the imbalance that exists.

Does that not make sense? Alpha

Amazing Grace

Appaloosa



Today is the day of Grace

Grace brings peace to the heart, intelligence to the mind and solace to the soul. It becomes a shield of positive energy that protects us from all negativity. Subsequently, it funds the refinement of our persona. When we stand in our grace, we never become susceptible to falling out of it.

The growth of grace is like the polishing of raw metal; it becomes our principle loadstone. *Remember*, there is no grace in grandiosity; but, there is much grandeur in grace.

Does that not make sense? Amazing Grace

Angel Heart

Arabian (Ascended)



Today is the day of Enlightenment

Enlightenment is a resonance of wisdom matched with intelligence and pure love. We blend our inner quietude with our outer questing. We marry our divine *Angel Heart* and human mind, using each equally. Then miraculously, we stop seeing angels and humans as different species.

Striving for enlightenment keeps our life enriched; we break free of the egocentric. *Remember*, when we live the ordinary life in an extra-ordinary way, we are enlightened.

Does that not make sense? Angel Heart

Apollo

Off-Track Thoroughbred



Today is the day of Leadership

Solid leaders study why instead of why not. It is not what we know that counts, it is what we do with what we know. As good leaders, we acknowledge we are not admired by what we say, but in how we act. We thereby live our life by example and make certain we practice what we preach.

These times are crying for exemplary leaders. *Remember*, the true order of leadership is to know what is necessary, what is useful, what is fundamental and what is ornamental.

Does that not make sense? Apollo

Baby Te

Arabian



Today is the day of Innocence

Innocence is a very difficult attribute to maintain amidst the technological genre. What used to be so natural, now needs to be worked at and striven for. However, when we hold on to our innocence, we separate ourselves from the insanities of all the false information and manipulation.

Life is what we think it will be, so it is important for us to protect our innocent thought forms. *Remember*, we must never foolishly mistake our ignorance for our innocence.

Does that not make sense? Baby Te

Bathsheba

Off-Track Thoroughbred



Today is the day of Beauty

True beauty is displayed by our “*ity*” values. Authentic*ity*, simplic*ity*, sincer*ity*, availabilit*ity*, responsibilit*ity*, gentilit*ity*, stabilit*ity*, impeccabilit*ity*, tenacit*ity*, flexibil*ity*, capabilit*ity*, ingenuit*ity*, equalit*ity*, moralit*ity*, respectabilit*ity*, sensibilit*ity*, practicalit*ity*, sensitivit*ity*, integrit*ity*, serenit*ity* and generosit*ity*.

ITY interpreted means - **I**Treasure **Y**ou - whether that be yourself or another. Nothing is more attractive or filled with such magnificent beauty than this. *Remember* that.

Does that not make sense? *Bathsheba*

Bliss

Pony



Today is the day of Bliss

The pony Bliss is blind and when Halo, her seeing eye sheep died at 36 years old, Aimery, the goat immediately stepped in for the job. Bliss felt bliss, as she had a funny, healthier friend. Bliss is a feeling that goes way beyond the feeling of joy or happiness, as it is connected to wonder and initiation.

Bliss is infused by the words “be realistic - plan a miracle” and have the raw courage to follow through. *Remember, blindly* use the impossible to accomplish the incredible.

Does that not make sense? *Bliss*

Bors

Off-Track Thoroughbred



Today is the day of Sincerity

Where truth is the mouth of our beliefs, sincerity is the face of our soul. Deceit can complicate even the simplest of problems, whereas sincerity is the indispensable ground for clarity. It is a statement of our authenticity spiced with our boldness. Being sincere promises an honorable life.

Through our sincerity, what we cannot do we name, what we can do we claim, and we do not play the game of blame.

Remember this, and life will become void of all shame!

Does that not make sense? *Bors*

Braveheart

Bashkir Curly (Ascended)



Today is the day of Freedom

Freedom is daring to go forth brazenly without any undue skepticism or worrying about what others think. This kind of non-attachment is a freedom that is formidable. By empowering our internal knowledge, and also studying external circumstances, we become what we ought to be.

Remember this: I am free to be me, not thee, nor we, nor he, nor she, no wages or fee, no degree, in such glee, as I have the key, for I see, that I truly own my chi from A-Z.

Does that not make sense? Braveheart

Cherub

Paint



Today is the day of Kindness

Kindness is the most potent medicine against the disease of cruelty. Without kindness, one can neither know their own heart or touch another. Genuine acts of kindness to just one person can affect all of humanity. They are sweet, little stepping stones to creating a more loving *humankind*.

When in doubt, confusion or ambivalence, do the kind thing with no hesitation. *Remember*, our kindness binds us to good life and our good life bonds us to a great karma.

Does that not make sense? Cherub

Chip

Mini



Today is the day of Growing

In order to grow, we must be willing to change. If we try to escape problems, we escape growth. We must never be afraid to make a mistake, we need to be more afraid not to make one. Great people had five things in common - they were disciplined, valiant, willing, daring and futuristic.

Remember, to grow is to know to go with the flow and through this ride, we swim with the tide, we don't hide what we have inside, so we become void of all false pride!

Does that not make sense? Chip

Churchill

Mustang



Today is the day of Perseverance

Where determination is based on devotion, perseverance is based on durability. We daringly go forth in spite of obstacles, like a torch that refuses to be extinguished. We do not let another invade our sense of purpose. We have a certainty that what we are searching for is searching for us.

By persevering, we never let what we cannot do interfere with what we can do. *Remember*, as Churchill said: “We must never, never give up” – and history speaks for itself!

Does that not make sense? Churchill

Cloud

Quarter Horse



Today is the day of Serenity

Serenity is an active force that creates a quiet steadiness. It helps us to be uncomplaining and undisturbed by outward circumstances. This tranquil feeling schools us in how to transcend chaotic forces. We then focus our attention on what we should do and leave the rest to a higher order.

Serenity transpires by quelling our inferior emotions and mastering our superior mindfulness. *Remember*, feeling serene leads us to the real virtue of our ideas and actions.

Does that not make sense? Cloud

Daniel and Nathaniel

Arabian and Sheep (Ascended)



Today is the day of Relationships

Relationships are built on connection, protection, direction, projection, affection, rejection and every other kind of reflection. They are sustained when we express our deep understanding and respect. We become a union of loving souls, who are uniquely united, like Daniel and Nathaniel.

When we join together in an unveiled and unfiltered way, we then manifest an unparalleled relationship. *Remember*, relationships are great mapmakers for our life's travels.

Does that not make sense? Daniel and Nathaniel

Dignity

Off-Track Thoroughbred



Today is the day of Dignity

Our dignity is secured when we stay calm and patient. We cannot escape challenges, therefore the best we can do is learn to handle them in a dignified manner. We respond rather than react. We quell our feelings of victimhood and quicken our feelings of strength, courage and intelligence.

With dignity comes respect, and with this respect comes a guiltlessness from shame and after-sorrow. *Remember*, dignity is the ticket to our journey of life with little regret.

Does that not make sense? Dignity

Dolphin

Clydesdale



Today is the day of Connection

To feel a connectedness is to feel a consciousness. Between cell phones, texting and bombardment of stimuli, we barely take the time to truly connect to what is happening or who we are with. We create a fence and boundary of isolation, which unquestionably binds us to a lonely fate.

Connecting with another is wonderful, but connecting with ourselves is so vital. *Remember*, without connection there can be no love and without love - there is nothing.

Does that not make sense? Dolphin

Durga

Percheron



Today is the day of Strength

True strength lies in the absence of pride and arrogance and the presence of modesty and humbleness. In an environment filled with confusion and condemnation, we now need a certain steadfastness. Then there becomes a place within us that this world simply cannot destroy.

With strength comes the ability to admit our wrong doings and embrace our lessons. *Remember*, strength is daring to do what we know to be right in the face of all controversy.

Does that not make sense? *Durga*

El Cid

Quarter Horse



Today is the day of Cooperation

It is true team can mean - **T**ogether **E**ach **A**ccomplishes **M**ore. However, when we transcend the 'I' program to the 'We' program, something spectacular transpires; we ascend to **T**ogether **E**veryone **A**ctivates **M**iracles. We then become an otherworldly force not to be reckoned with.

In these times, it seems as if we are all in this together, separately. *Remember*, manifesting something alone is rewarding, but achieving something in team is remarkable.

Does that not make sense? El Cid

Elijah

Off-Track Thoroughbred



Today is the day of Hope

When we are liberated from pessimism, we are liberated from hopelessness. Our daily life shrinks or expands in proportion to our hope. At times we have to get out of our own way for our predestined path to be paved. When we optimistically keep our hope, we are refusing to just exist.

In fact, one positive thought transmutes 1,000 negative thoughts. Life can be grand or ghastly, depending on our beliefs. *Remember*, to be or not to be is rooted in our hope.

Does that not make sense? *Elijah*

Elizabeth I

Friesian Mix



Today is the day of Faith

Faith is a belief without limits. Whatever the mind can conceive, it can achieve. One is free to expand, explore and experience without any logical explanation. We live as if we expect our dreams to be manifested. We leave behind the boring mundane and fly into the mighty marvelous.

Though bad things happen to good people, our faith helps protect us from feeling victimized by them. *Remember*, having faith gives us a power that we did not know we had.

Does that not make sense? Elizabeth I

Equality

Standard Bred (Ascended)



Today is the day of Generosity

Giving is its own reward. The smallest act of generosity is more than every other work put together because it is a vital force that attends modification. Where there was once an inequality, there would then be an equalization. In turn, injustice, isolation and poverty would be eliminated.

Generosity comes from an awareness of those far less fortunate, including all species. *Remember*, the generosity of one is a secret measure by which all humanity improves.

Does that not make sense? *Equality*

Francis

Pony



Today is the day of Openness

The mind is like a parachute, it only works when open. Change happens whether we are comfortable with it or not. However, there is nothing more invigorating or inspiring than our openness to inquire, question and quest. Our openness invites us to become investigative harbingers.

Being closed chains our brains and douses our dreams. We can miss the boat if we just keep waiting for our ship to come in. *Remember*, to find, one must be willing to seek.

Does that not make sense? Francis

Fuji

Quarter Horse



Today is the day of Consciousness

Peace can be denied, destroyed or derailed by a moment of unconsciousness. Our consciousness is the guiding light for our clear conscience. By being conscious, we bring order to chaos, love is not denied, wrongs become righted, kindness overrules cruelty and truth reigns over deceit.

Consciousness is a wisdom that goes beyond an action; it is a powerful wisdom that is an action. *Remember*, our consciousness is a radiance that prevails over all darkness.

Does that not make sense? Fuji

Gandhi

Mustang



Today is the day of Wisdom

Our wisdom evaluates experiences of the past in order to create a better future. Being wise is the union of practical judgment mixed with profound knowledge. When we are wise, we know there is much to learn and there is even more to unlearn. Happy are those who have this merit.

Remember, when we center ourselves, contemplate the variables and temper our temper, we know we have arrived as an extremely advanced, masterful and very wise person.

Does that not make sense? *Gandhi*

Genuine

Off-Track Thoroughbred (Ascended)



Today is the day of Genuineness

Our authenticity births an aura of safety and comfort because it is based on truth, void of ego. When we are not attached to an outcome, we give our real genuine feelings a chance to express themselves. We let facts filter through our hearts, which inevitably fuels our *Genuine* character.

In our daily quest for wholeness, we begin to master our instincts and intuition. *Remember*, genuine criticism is far more important and needed than ingenuine compliments.

Does that not make sense? *Genuine*

Golda Meir

Paint (Ascended)



Today is the day of Courage

There will always be people who tell us that something cannot be done. Most worthy things have been said to be impossible before they were accomplished. Odd how the word courage is in the word discouraged. However, *Golda Meir* said, "Triumph and honor favor the unbridled bold."

Courage is not blindly overlooking that which is dangerous, but in examining and eliminating it. *Remember*, we may experience defeat; however, we need never feel less from it.

Does that not make sense? Golda Meir

Guinevere

Mustang



Today is the day of Forgiveness

Life may be understood backwards; however, it must be lived forwards. This cannot happen without our ability to forgive, because through forgiveness we nourish our freedom. We do not have to pardon the wrong doing of another, we just need to relinquish the anger caused by it.

When we forgive another, we forgive ourselves. *Remember*, forgiveness is the most freeing gift we can give to ourselves because it releases us from the heavy bondage of the past.

Does that not make sense? *Guinevere*

Hero

Quarter Horse (Ascended)



Today is the day of Success

Success is founded on certainty and clarity and lost in vacillation and confusion. When we have a strong desire and belief in what we want to achieve, we will undoubtedly reach our predestined accomplishments. We always need to think optimistically, but be ready to plan realistically.

It is not the end goal that is our success, but in how we take the journey. *Remember*, the limitless potential of our stellar genius cannot birth from any kind of limited conformity.

Does that not make sense? *Hero*

Isaac

Quarter Horse (Ascended)



Today is the day of Understanding

We are not here to see through one another; we are here to see one another through. *Isaac* instinctively knew that understanding dissipates fear and leads to a mutual respect of differences. We clear our somewhat clouded vision and broaden our viewpoints, which expands our horizons.

Remember, through our deep understanding, we transform ignorance to knowledge, prejudice to honor, arguments to acknowledgment and more than that....war to peace.

Does that not make sense? *Isaac*

Israel

Off-Track Thoroughbred



Today is the day of Enthusiasm

When we fully embrace our enthusiastic feelings, we are fantastically alive. We create a momentum that produces extraordinary results. We do not let others dampen our spirit. We commit to rejecting the monotonous. We keep our spark ignited, whereby we transcend any limitations.

Remember, enthusiasm is magic for the logical, doubting mind, transforming pessimism into optimism, facts into fun, sadness into happiness, and boredom into excitement.

Does that not make sense? Israel

Jacob the Just

Thoroughbred Mix



Today is the day of Patience

Patience is an activated force denoting uncomplaining steadiness, whereas impatience is a frenetic hunger for an end result. With patience, we instinctively know that it is better to be patient than to be at risk. This is not passive or cowardly; on the contrary, this is a crowning bravery.

There is much difference between accepting patience and resentful endurance. *Remember*, at times patience may feel a little bitter, but in the end, it bears such sweet fruit.

Does that not make sense? Jacob the Just

Joan of Arc

Percheron



Today is the day of Discernment

Today, because we are over-exposed to so much stimuli, discernment is more important to our well-being than ever before. We need to search and study for what is true, what is right, what is needed and what is good. Sadly, we no longer have the luxury to take things at their face value.

We need to trust our intuition and not get entrenched in matters where we clearly do not belong. *Remember*, to be concerned is to smartly discern, so we do not get burned!

Does that not make sense? Joan of Arc

John Wayne

Warmblood



Today is the day of Respect

No person or circumstance can take away our self-respect without our consent. We commit to making decisions and involve ourselves in ventures and relationships that are self-respecting. Treating ourselves and others with sincere respect harvests a new realm of goodness and generosity.

Being respectful is having a reverence to all living beings. *Remember*, respect must endure in our present, no matter what transpired in our past, which makes for a better future.

Does that not make sense? John Wayne

Joseph

Quarter Horse (Ascended)



Today is the day of Loyalty

As 43 year old *Joseph* showed us, no relationship, including with ourselves can be sustained without loyalty. Staying loyal speaks to our heart. We keep bonded to the contract we made with ourselves. Through this bond, we formulate a solid protection for our pure integrity and impeccability.

The most rewarding aspect of life is felt when we loyally support the goals of others. *Remember*, being loyal lays a solid foundation for all that is fundamentally fundamental.

Does that not make sense? *Joseph*

King David

Off-Track Thoroughbred (Ascended)



Today is the day of Simplicity

Life today is very complex, yet within every problem lies a simple answer. When we keep things simple, we eliminate our fears and negative emotional impulses. We develop a knowingness, which then builds our self-esteem, strength of character, inner resolve and personal empowerment.

Simplicity is indissolubly intertwined with goodness, love and truth. *Remember*, when we infuse the simple into the complex and complicated - all will turn out triumphantly.

Does that not make sense? King David

Lady Diana

Quarter Horse



Today is the day of Rest

All elements of our being; mind, body, spirit and emotions, need time to rest. This is why a rest day was created for us. However, we do not have to take a full day, we can set time each day. We need to find moments to truly empty ourselves, silence our busy minds and just simply relax.

Remember, we will be put to the test, neglecting time to rest, but we manifest best getting things off our chest, and no matter what we are doing, take the time to cozily nest.

Does that not make sense? Lady Diana

Lady Portia

Off-Track Thoroughbred



Today is the day of Compassion

No act of compassion is ever lost and it becomes an integral part of the lives it touches. Our compassion comes from a deep and desperate yearning to understand our fellow man. There never has been a heart that was great or grand that was not also abundantly kind and compassionate.

Evidence shows that one compassionate act ultimately opens doors to a better society. *Remember*, compassion leads to good deeds and no good deed goes unnoticed.

Does that not make sense? Lady Portia

Luke Skywalker

Off-Track Thoroughbred



Today is the day of Magic

Though magic is spearheaded from the unseen world, it can be intuited, felt, seen and therefore activated within the commonplace. Manifesting magic is an extremely serious responsibility because it becomes established through great discipline, good intention and powerful discernment.

When magic happens we are **M**oving **A**lmighty **G**oodness **I**nto **C**onsciousness. *Remember*, through this movement, the worst of yesterday becomes the very best of tomorrow.

Does that not make sense? Luke Skywalker

Mary Poppins

Appaloosa



Today is the day of Willpower

Our willpower is our well power because it seals the deal. We are prepared to win, but if not, our will keeps us brave in the attempt. Our willpower becomes horsepower for our mission, purpose, and destiny. Developing a willing determination creates a movement of great sustenance.

Remember, the more we are willing to unveil our fears and courageously face our inadequacies, the more we discover our personal potential and ignite our self-empowerment.

Does that not make sense? Mary Poppins

Master Goi

Off-Track Thoroughbred



Today is the day of Peace

To illuminate peace, we must eliminate actions that create warring. Peaceful means are activated when we speak our piece, while staying peaceful. When we are at peace with ourselves, we have a better chance of feeling at peace with everything, no matter the situations, reasons or outcomes.

Feeling peaceful establishes a confidence and certainty. *Remember*, when we observe, discern, study and put that knowledge to greater use - peace undoubtedly follows.

Does that not make sense? Master Goi

Metatron

Mustang



Today is the day of Healing

When we are sick, we usually run to the pharmacy or the doctor. However, true healing comes from understanding WHY we are sick; and more often than not, our emotional wounds are at the root of it all. Acknowledging them is the strongest armor for our well-being, vitality, and wellness.

Wounds that make us go into fight or flight are the culprits to inducing an illness. Peel it, feel it, deal with it, then heal it. *Remember*, when this is applied - health won't be denied.

Does that not make sense? Metatron

Michael

Off-Track Thoroughbred (Ascended)



Today is the day of Commitment

Working with an ambivalent mind almost always gives results less than we hoped for. Doubt and uncertainty are the annihilators of dreams and opportunities. We need to realize that an indecision is far worse than making a bad decision, because it blocks our possibilities and creativity.

Like *Michael*, take up your sword and go forth without any hesitancy. *Remember*, by giving our all, we never feel small; in fact, we feel tall because we were not afraid to fall.

Does that not make sense? Michael

Miracles

Quarter Horse



Today is the day of Miracles

Miraculous events do in fact happen; we just need to give them their deserved credit. See it to believe it, oh no believe it to see it. Miracles occur daily, but we are just too preoccupied to notice or too skeptical to trust. Our undivided mind holds the key to our limitless thoughts.

We need to see the wondrous and believe in these mystical marvels. *Remember*, just because something cannot be explained truly does not mean it should be explained away.

Does that not make sense? Miracles

Molly

Off-Track Thoroughbred (Ascended)



Today is the day of Humor

Molly was aware that humor is the oil that lubricates all friction. Smiling is whipped cream for the serious minded and ice cream for the over intellectualized. Whenever we laugh and let go, we leave room to create a delightful and enjoyable atmosphere for ourselves and others in our life.

With all the negativity, humor is a way of not losing our joy to something not of our choosing. *Remember*, our senses are flourished when our sense of humor is nourished.

Does that not make sense? *Molly*

Mr. X

Off-Track Thoroughbred (Ascended)



Today is the day of Empowerment

The road to empowerment is paved with discipline and personal accountability. We gain power by eliminating our ego and empowering our humility. We look to what benefits, not just the individual, but the 'all'. Through this, we remain at the center of our own powerful vortex.

Like *Mr. X*, life may not be what we bargained for, yet in the end, we become more than we ever hoped for. *Remember*, internal beliefs are the fast track to our empowerment.

Does that not make sense? *Mr. X*

Noah

Paint (Ascended)



Today is the day of Gratitude

The attribute of gratitude contains the solution to the mysteries hidden in our problems. Feeling grateful is the strongest emotion that pulls us through all hardships and elevates our existence. Seeing the glass as half full instead of half empty is an ardent testament to our advancement.

Gratefulness is healing salve to sadness and despair. We think of how lucky we are instead of how difficult it has been. *Remember*, gratitude is essential for peace of mind.

Does that not make sense? Noah

Nobility

Paint



Today is the day of Nobility

We do not have to be kings or queens to have nobility. The art of being noble is high mindedness and moral excellence. We do not indulge in empty talk, instead we indulge in full action. When we responsibly bend down to help another up, we escalate and elevate our nobleness.

Being noble is a skill-set all on its own - strong, steadfast and sacred. *Remember*, treating ourselves and others in a noble manner outshines the forces of disgrace and discredit.

Does that not make sense? Nobility

Paul

Off-Track Thoroughbred (Ascended)



Today is the day of Truth

Emotionally speaking there are many truths because they are based on personal perceptions. The problem is our wounds and ego create illusions. When we are detached, we develop an honesty channeled from universal truths which are based on infinite and emotional intelligence.

The greatest homage we can pay to the truth is to use it and speak it in a way that others can hear us. Remember *Paul*, be brave and speak the truth, regardless of popularity.

Does that not make sense? Paul

Percival

Off-Track Thoroughbred



Today is the day of Awakening

We are so busy making a living, that we are forgetting to make a life. Our society has been called by many “the walking dead”. However, everyone has a dynamo sleeping within. We just need to call upon our indwelling spirit to unleash and awaken this hidden potency and finite power.

We all have an awe-inspiring self which yearns to come stunningly alive. *Remember*, awake in its transfiguration really means “**A**waken **W**onder **A**nd **K**ee**P** **E**nthusiastic”.

Does that not make sense? Percival

Prince Charming

Kentucky Mountain (Ascended)



Today is the day of Learning

Longing to live comes from loving to learn. This kind of stimuli exposes our intelligence and expands our instincts. Mistakes can be our greatest teachers, as they bless us with growth. In truth, knowledge from all fields of human endeavor are needed for us to develop ourselves wholly.

A teacher, like *Prince Charming* was, is always willing to be a student. *Remember*, yearning to learn keeps our stubborn ego in tow, whereby our seeds of intelligence begin to sow.

Does that not make sense? *Prince Charming*

Rachel

Off-Track Thoroughbred (Ascended)



Today is the day of Reverence

Viewing everything with reverence is to view everything with sacredness. Being reverent is the exemplary talent of harmonizing and equalizing the elements. Reverence has the power to transmute all impure dishonor, as it is the statement of all that is goodness, holy and sanctified.

Purity, respect and gratitude are the attributes to reverence. *Remember*, it is undeniable that we may stumble, but it is ever so revering when we get up with honor and self-respect.

Does that not make sense? Rachel

Roy Rogers and Dale Evans

Morgan (Ascended) and Foxtrotter



Today is the day of Love

When we leave this world, as we all eventually will, the only thing that really matters is how well we have loved. To live well is to love well. Any decision made in love is a decision well made. No matter the problem, challenge or difficulty - our love gene always activates the right answer.

Love is not a word, it is an action. To find ourselves, we need to find what we love. *Remember*, love does not make the world go around, but it makes the world well rounded.

Does that not make sense? *Roy Rogers and Dale Evans*

Skydiver

Palomino (Ascended)



Today is the day of Protection

Rejection can sometimes be a divine intervention because unbeknown to us, we were on the wrong path or with the wrong person. There is a big difference between defending ourselves and protecting ourselves. Our real protection is assured through our integrity, honesty, morals and ethics.

It has been repeatedly proven that as deception begets danger, truth begets protection. *Remember*, to protect does not mean to sacrifice, it means to fortify, purify and rectify.

Does that not make sense? *Skydiver*

Spartacus

Thoroughbred Mix



Today is the day of Creativity

Our creative impulses hold within them an expression that overrides emotions of depression. We become one with the creative elements within us that are yearning to be expressed. We do not have to be fabulous at anything because our true creativity is in our genes, not our genius.

The formula for creativity lies in the art of transmutation. *Remember*, every moment we transform an ugliness into something of beauty, we become our own Michael Angelo.

Does that not make sense? *Spartacus*

Starling

Quarter Horse



Today is the day of Happiness

Feeling inspired by intelligent criticism is the gift of very few. When we can laugh at our own frailty and mistakes, we know we have arrived. We are at peace because our happiness and virtue rest upon each other. Our happiness is assured because we keep exercising the best in ourselves.

In truth, we cannot allow our happiness to be dismantled by external forces or events. *Remember*, if we cannot be happy on one street, we simply need to find another avenue.

Does that not make sense? Starling

Triumph

Quarter Horse



Today is the day of Triumph

Triumph is not established by how well we do, but in how well we do it. It is certain to happen when we give umph to trying. We fire up our heart, mind and spirit to attain the unattainable. As a matter of fact, we do not compare ourselves to another person, no point - we are too unique!

In matters of style, we swim with the current; in matters of principles, we stand like a rock. *Remember*, this triumph, like a high mountain, becomes concretely immovable.

Does that not make sense? *Triumph*

Trump

Off-Track Thoroughbred (Ascended)



Today is the day of Honor

Honor is seeded from our values, whereby our credibility is never compromised. There will always be situations that test our honor. The key is to contemplate all the variables before we speak or act. When we treat others with honor, we honor ourselves. This creates an intrinsic self-worth.

Our true honor is fed only by our own heart. It is not endowed upon us by another. *Remember*, as our *Trump* surely proved, honor trumps any and all other rewards.

Does that not make sense? *Trump*

Valentine

Thoroughbred



Today is the day of Heart

Heart is one with compassion, empathy and has its own intelligence. The word hear is in the word heart. To hear the whispered voice of another's heart and understand their unspoken words are the great talents of very few. To earnestly know and feel a heart is to know many things.

Nothing is more rewarding than putting our hearts into practical use. *Remember*, when we give wholeheartedly, a wellspring of love and light moves through us to another.

Does that not make sense? Valentine

Victory

Paint



Today is the day of Victory

People who realize victory over external difficulties are strong, but people who gain victory over their own internal difficulties are all powerful. Being true to ourselves, under all circumstances is a triumph over darkness. We develop a mind- set, using fear as a motivator instead of an agitator.

True merit is the ability to feel victorious, no matter the outcome. *Remember*, many times victory is knowing when to withdraw, hold our conviction and change direction.

Does that not make sense? Victory

Walt

Tennessee Walker (Ascended)



Today is the day of Vulnerability

To show our vulnerability is a strength not a weakness. We know we may not always be right, but we have courage to always be real. **Walt** taught us that the depth of our wholeness is constantly and continually being re-vitalized, re-sparked, re-awakened, re-directed and re-energized.

Honestly, without owning our vulnerability, we can neither feel another's soul nor our own. *Remember*, to express our vulnerability is the willingness to expose our naked heart.

Does that not make sense? *Walt*

Wanda

Thoroughbred Mix



Today is the day of Humility

Our humility is one with our bravery because we admit our weaknesses, without denying our strengths. Staying humble in controlling situations is our mastery in the making. In this way we free ourselves from any residue of rigidity, arrogance, or ego left in our personal space.

Being humble is a gentle whispering amongst the harsh noise of this world. *Remember*, humility is that sweet, deep root upon which our pureness and innocence shoots.

Does that not make sense? Wanda

What Horses and Humans Have in Common



Many horses have a sense of humor

Some horses are fabulous dancers

Horses can be monogamist

Horses fall in love

Most female horses are nurturing mothers

Horses kiss and hug

Horses recognize when someone is truthful

Horses respect those who respect them

Horses feel great gratitude

Horses work on forgiveness

Horses recognize their families

Horses can be picky with their food

Horses smile

Horses grieve and cry

Horses remember